

Sensory Videos:

<https://www.youtube.com/watch?v=xir91dOrO64>

<https://www.youtube.com/watch?v=DlnYANIVslc>

<https://www.youtube.com/watch?v=P7EB3Zxqj7g>

[https://www.youtube.com/watch?v=4ROrW727q\\_s](https://www.youtube.com/watch?v=4ROrW727q_s)

[https://www.youtube.com/playlist?list=PLeee0oB\\_L8w69kYzohwrJrswxJLuMmiAi](https://www.youtube.com/playlist?list=PLeee0oB_L8w69kYzohwrJrswxJLuMmiAi)

<https://www.youtube.com/watch?v=gxxqdrppgZc>

<https://www.youtube.com/watch?v=IFcSrYw-ARY>

<https://www.youtube.com/watch?v=tADnCEpbPI8>

Gross Motor/Sensorimotor/Sensory Processing/Heavy Work:

<https://www.youtube.com/watch?v=BQ9g4U2P3ig>

<https://www.youtube.com/watch?v=pn65ltyntp4>

<https://www.youtube.com/watch?v=8oGR5xucltI>

<https://www.youtube.com/watch?v=z2UQ5-cVHjs>

<https://www.730sagestreet.com/spell-your-name-workout/>

<https://littlebinsforlittlehands.com/gross-motor-sensory-play/>

<https://www.merakilane.com/gross-motor-activities-for-kids/>

<https://modernpreschool.com/gross-motor-farm-game/>

<https://theinspiredtreehouse.com/gross-motor-activities-bingo-on-the-go/>

<https://handsonaswegrow.com/gross-motor-activity-walking-pillows/>

<https://www.sarajcreations.com/2017/02/robot-dance-little-gross-motor-fun.html>

<http://www.learnplayimagine.com/2013/03/educational-gross-motor-activities.html>

<https://whatmomslove.com/kids/active-indoor-games-activities-for-kids-to-burn-energy/>

<http://www.learnplayimagine.com/2012/02/shape-toss-hop-skip-and-jump-indoor.html>

<https://thepinterestedparent.com/2016/02/spin-roll-count-exercise-game/>

<https://www.andnextcomesl.com/2017/04/heavy-work-activities-for-home.html?m=1>

<https://www.theottoolbox.com/ice-cube-proprioception-jump-and-smash/>

Fine Motor/Visual Motor/Bilateral Coordination:

<https://www.ot-mom-learning-activities.com/fine-motor-skills-activities-for-older-kids.html>

[https://www.theprintableprincess.com/free-fine-motor-activities/?utm\\_medium=social&utm\\_source=pinterest&utm\\_campaign=tailwind\\_tribes&utm\\_content=tribes&utm\\_term=824410106\\_34587508\\_205046](https://www.theprintableprincess.com/free-fine-motor-activities/?utm_medium=social&utm_source=pinterest&utm_campaign=tailwind_tribes&utm_content=tribes&utm_term=824410106_34587508_205046)

<https://www.youclevermonkey.com/2016/04/fine-motor-skills.html?m=1>

<https://differentiatedkindergarten.com/dot-fine-motor-fun-freebie/?m>

<https://www.mybaba.com/finger-gym-activity/>

[https://www.messforless.net/q-tips-and-straws-fine-motor-skills-activity/#\\_a5y\\_p=1982727](https://www.messforless.net/q-tips-and-straws-fine-motor-skills-activity/#_a5y_p=1982727)

[https://mymamamoments.com/fine-motor-skill-activities/?utm\\_medium=social&utm\\_source=pinterest&utm\\_campaign=tailwind\\_tribes&utm\\_content=tribes&utm\\_term=758866116\\_31154474\\_610378](https://mymamamoments.com/fine-motor-skill-activities/?utm_medium=social&utm_source=pinterest&utm_campaign=tailwind_tribes&utm_content=tribes&utm_term=758866116_31154474_610378)

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<https://www.iheartartscrafts.com/egg-carton-flowers-kids-craft/>

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[https://kidscraftroom.com/cardboard-tube-rainbow-blowers/?utm\\_medium=social&utm\\_source=pinterest&utm\\_campaign=tailwind\\_smartloop&utm\\_content=smartloop&utm\\_term=16457048](https://kidscraftroom.com/cardboard-tube-rainbow-blowers/?utm_medium=social&utm_source=pinterest&utm_campaign=tailwind_smartloop&utm_content=smartloop&utm_term=16457048)

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<https://www.adabofgluewilldo.com/spring-fingerprint-tree/>

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<https://earlylearningideas.com/fun-fine-motor-hole-punch-activities-for-the-whole-year/>

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<https://besttoys4toddlers.com/water-bead-balloon-hand-strengthening/>

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<https://www.ot-mom-learning-activities.com/wrist-exercises-for-kids.html>

<https://www.dayswithgrey.com/blog/activities-and-ideas-for-pencil-grip-toddler-preschool-kindergarten-tips>

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<https://supergodnotsupermom.com/alphabet-handwriting-worksheets/>

<https://www.funearlylearning.com/product/a-z-handwriting-practice/>

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<https://therelaxedhomeschool.com/free-handwriting-practice-binder/>

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